

## Meditation of God's word (Part two)

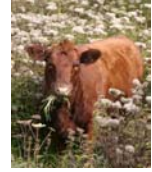
Joshua 1:8 "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.



**hagah** daw-gaw'}  
 meditate, mourn, speak, imagine, study  
 mutter, utter, talk, to moan, growl, utter, mutter, muse

**Muse:** think, ponder, consider, mull over, cogitate (formal), deliberate, reflect on, chew over, ruminate, contemplate, recollect, meditate

**Ruminate:** chew partially digested food: to regurgitate partially digested food and chew it again



### Correlation of Heart & Mouth



Psalm 37:30 The mouth of the righteous speaks wisdom,  
 And his tongue talks of justice.  
 31 The law of his God is in his heart;  
 None of his steps shall slide.

Romans 10:8-10 But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach):  
 9 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.  
 10 For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

### Day & Night

Psalm 5:1-3

<sup>1</sup> Give ear to my words, O LORD,  
 Consider my meditation.  
<sup>2</sup> Give heed to the voice of my cry,  
 My King and my God,  
 For to You I will pray.  
<sup>3</sup> My voice You shall hear in the morning, O LORD;  
 In the morning I will direct *it* to You,  
 And I will look up.

Psalm 119:148

My eyes are awake through the *night* watches,  
 That I may meditate on Your word



**Psalm 119:14-16**

**I have rejoiced in the way of Your testimonies,  
 As *much* as in all riches.**  
<sup>15</sup> **I will meditate on Your precepts,  
 And contemplate Your ways.**  
<sup>16</sup> **I will delight myself in Your statutes;  
 I will not forget Your word.**

**Psalm 119:97-100**

**Oh, how I love Your law!  
 It is my meditation all the day.**  
<sup>98</sup> **You, through Your commandments, make me wiser than my  
 enemies;**  
**For they are ever with me.**  
<sup>99</sup> **I have more understanding than all my teachers,  
 For Your testimonies are my meditation.**  
<sup>100</sup> **I understand more than the ancients,  
 Because I keep Your precepts.**

### III. How to put God's word in your heart:

Deuteronomy 6:5-9 (Deuteronomy 11:18-21)

<sup>5</sup> You shall love the LORD your God with all your heart, with all your soul, and with all your strength.  
<sup>6</sup> "And these words which I command you today shall be in your heart. <sup>7</sup> You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. <sup>8</sup> You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. <sup>9</sup> You shall write them on the doorposts of your house and on your gates.



### Pastoral Challenge:

- Read the Bible daily (one chapter OT & one NT)
- Memorize scriptures that are meaningful to you
- Make scripture lists from scriptures that minister to you and review them daily, reading them outloud
- Spend time with guidance scripture list until you know them
  - Highlight, underline all the scriptures
  - Write them on 3x5, 5x7 cards
  - Read them out loud to a member of your family
  - Go through entire list as a family devotion
  - Commit some of them to memorization